

Writing: Addiction Workshop by David A. Romero

\$750 for 2 hr workshop



AGES: 16+

Schedule:

Reading of poems by Romero - 10 minutes
Students look over "Signs of addiction" and discuss - 20 minutes
Students reflect upon how addiction has affected their friends and family - 10 minutes
Students discuss fun times they have had with substances (trigger warning) - 10 minutes
Romero tells his story and how he decided to become sober - 10 minutes
Student writing on bad experiences they have had with substances - 30 minutes
Student reading time - 20 minutes
Student discussion time - 10 minutes

Total time: 120 minutes (2 hrs)

Description:

As a recovering alcoholic with years of sobriety, Romero tells his story of moving from denial to acceptance and encourages participants to tell their own stories; wherever they are on their own journeys with addiction.

Not only for those with a past of substance abuse themselves, this workshop can also help those with friends or family members who have suffered from addiction come to terms with it and gain a better understanding of what they may be going through.

Purpose:

This workshop seeks to help participants find root causes for addiction and solutions through writing and discussion. This workshop presents therapy and sobriety as possible alternatives to substance abuse.

Writing: Addiction has been presented at:

- UC Riverside

Flyers:

David A. Romero has not yet developed a flyer template for this workshop. If you decide to book Writing: Addiction, Romero can design a flyer for the event for no extra fee.

More:

Longer workshops, as well as multiple sessions, to culminate in a student “Slam,” (poetry competition) can be negotiated.

Professional-looking books and chapbooks to collect student work produced during workshops to be made available two months after workshops are conducted can also be negotiated.

*All workshops include a performance from David A. Romero.

**Workshop does not require multimedia. Paper and writing utensils must be provided by students or host institution(s). A supply of tissues, snacks, pillows, and other items of comfort, is encouraged.

\$750 (plus travel and lodging)

Travel and lodging can be handled in two ways: 1) the university makes the arrangements on Romero's behalf (preferred) or, 2) Romero makes the arrangements and is reimbursed with the total check.

For booking, contact: davidaromero@gmail.com